ASSOCIATE DEGREE NURSING PROGRAM
STUDENT DRESS CODE STANDARD

Policy

The Shasta College Associate Degree Nursing (ADN) student uniform will be worn to all off campus assigned clinical assignments as directed by the course faculty; they will also be worn during scheduled time in the Clinical Skills or Simulation Classrooms.

The Shasta College ADN uniform consists of a hunter green scrub top with black cuffs on the sleeve and solid black scrub pants or skirt. Students are required to have the appropriate Shasta College ADN logo embroidered with white thread lettering on the upper right chest area of the uniform top. Students have the option of wearing a black warm up jacket, which is also required to have the Shasta College ADN logo embroidered with white thread lettering on the upper left chest area of the jacket.

The uniform top must be purchased from Dove Uniforms – no exceptions. All students will be given an access code specific to Shasta College for uniform purchases. Black scrub pants and warm up jacket may also be purchased from Dove Uniforms or from a vendor of your choice using an approved alternative style list provided by the Health Sciences Office.

(New students: do not purchase uniforms until you are given the information in orientation as it is subject to change)
*see handout for Vendor information and approved uniforms

Dress Code Standards

- Any student in violation of the Student Dress Code Standard will be sent home and it will be counted as an absence.
- Uniforms and other clothing worn to the hospital or other community-based healthcare settings will be freshly laundered and unwrinkled. A uniform and lab coat shall not be worn two days in a row without laundering.
- Wearing the uniform outside of clinical settings is an infection risk. Students are expected to change their uniform at the clinical site or cover their uniform as they travel from clinical sites. Contaminated uniforms must not be worn in public places.
- Uniform fit must be consistent with a professional appearance. Uniforms must be sized adequately to allow for all movements necessary for patient care without exposing any torso skin or chest cleavage. Additionally, uniforms must not fit tightly.
- **Shoes**: Clean, white, dark brown, or black solid color polish-able, non-porous shoes that fully enclose the foot are to be worn with the uniform. Open heel clogs are unacceptable.
- **Socks/Stockings**: Full white or black crew socks (not anklet/athletic foot socklets) are required when wearing uniform pants. Students may also wear white or neutral-toned hose with uniform pants. White or neutral-toned hose are required to be worn without socks/socklets if wearing the uniform skirt.
• **ID Nametag:** An official Shasta College Nursing program nametag will be worn to all clinical assignments. The ID nametags are required to be worn at chest level. Purchase of ID nametags or current semester sticker must be obtained prior to the first day of clinical (paid with registration as “Activity Fee” every semester). All student IDs must be worn for all on and off campus courses.

• **Undershirt:** An all-white or black undershirt (short or long-sleeved, crew cut or turtleneck) may be worn under the uniform top. The neck line of the undershirt may be exposed at the top of the uniform only. Short sleeves shall not extend below the uniform sleeve.

• **Undergarments:** Appropriate undergarments must be worn and not be visible through the uniform.

• **Hygiene:** Good personal hygiene, including a neutral smelling deodorant, is expected. Perfume, cologne, cigarette, cannabis, or any other strong smelling substances or odors are not allowed in the clinical setting.

• **Fingernails:** Fingernails are to be clean and smoothly rounded. Natural nail tips should be kept to ¼ inch in length. Nail polish and/or artificial nails are not allowed in the clinical setting.

• **Hair:** Hair must be clean, off the collar, neat, and contained away from the face. Hair should not be falling into the student’s face or workspace when working with a patient. Long hair must be secured up and off the collar. Hair must be a “natural” hair color (i.e., not bright red, green, blue, pink, orange, or purple); unnatural hair color extensions are not allowed.

• **Facial Hair:** Facial hair should be kept clean, trimmed, and neat.

• **Makeup:** Neutral colored makeup is permitted. Makeup must not be excessive.

• **Jewelry:** Other than the jewelry mentioned below, no other visible jewelry is allowed.
  - Rings: Students may wear one ring as long as it does not pose a threat to patient skin integrity. A wedding set constitutes one ring.

• **Body Piercings:**
  - Earrings: One pair of inconspicuous pierced earrings is acceptable. For your own safety, hoops or dangling-off-the-earlobe earrings are not allowed.
  - No other body piercings can be visible, including facial or tongue piercings.

• **Tattoos:** Tattoos on any exposed body part must be covered in a neat and professional manner. Students must wear the most appropriate undershirt to cover the exposed tattoo, or they may wear an arm sleeve in plain white or black. Your course faculty will convey other specific Clinical Skills Lab and facility policy and procedures regarding the exposure of tattoos.

In addition to the above dress code standards, it is important to note that **hand to mouth activity** in a patient area (including nurses’ station) is a breach of the Occupational Safety and Health Administration (OSHA) regulations. Examples include chewing gum, sucking on lozenges, eating food, drinking fluids, and applying lipstick or lip balm.