Student Dress Code Standard

Policy
The Shasta College Nursing student uniform will be worn to all off campus clinical assignments unless otherwise directed by the course faculty. The uniform may be purchased at uniform shops, catalogs, or on-line.

The Shasta College Nursing uniform consists of a scrub top and pants or skirt in “hunter green”. Students are required to have the appropriate Shasta College logo embroidered with white thread in the left upper chest area of the uniform top. Students have the option of wearing a hunter green scrub jacket which is also required to have the white embroidery lettering affixed to the left upper chest area. Students may also wear a white or black shirt (short or long-sleeved, crew cut or turtleneck) under the hunter green uniform top. The neck line of the undershirt may be exposed at the top of the uniform only.

Dress Code Standards
• Any student who shows up at clinical in violation of the uniform codes will be sent home and it will be counted as an absence.
• Uniforms and other clothing worn to the hospital or other community-based healthcare settings will be freshly laundered and unwrinkled. A uniform and lab coat should not be worn two days in a row without laundering.
• Uniform fit must be consistent with a professional appearance. Uniforms must be sized adequately to allow for all movements necessary for patient care without exposing any torso skin or chest cleavage. Additionally, uniforms must not fit so tightly that movements are hampered or reveal unnecessary body form or undergarment lines.
• **Shoes:** Clean, white, dark brown, or black solid color polish-able leather shoes that fully enclose the foot are worn with the uniform. Open heel clogs are unacceptable.
• **Socks/Stockings:** Full white, black, or navy blue crew socks (not ankle/athletic foot socklets) are required when wearing uniform pants. Students may also wear white or neutral-toned hose with uniform pants. White or neutral-toned hose are required to be worn without socks/socklets if wearing the uniform skirt.
• **ID Nametag:** An official Shasta College Nursing program nametag will be worn to all clinical assignments. The ID nametags are required to be worn above the waist. Purchase of ID nametags or current semester sticker must be arranged prior to the first day of clinical ($10.00 paid with registration as “Activity Fee” every semester).
• **Shasta College Nursing Emblem:** The appropriate Shasta College logo white letter embroidery is required on the hunter green scrub top and hunter green scrub jacket. The emblem will need to be applied to the left upper chest area of the uniform tops. The embroidery is available through an outside vendor. Additional information on this vendor will be provided by your instructor.

• Fingernails are to be clean, short, and smoothly rounded. Nail polish and/or artificial nails are not allowed in the clinical setting.

• **Hygiene:** Good personal hygiene including a neutral smelling deodorant is expected. Perfume or cologne is not allowed in the clinical setting.

• **Makeup:** Neutral colored makeup is permitted. Makeup must not be excessive.

• Undergarments will not be exposed through the uniform. An all-white or black undershirt (short or long-sleeved, crew cut or turtleneck) may be worn as an undergarment. With a short-sleeved T-shirt, the sleeves must not extend below the sleeve of the uniform top. The neck line of the undershirt may be exposed at the top of the uniform.

• **Jewelry:** Other than the jewelry mentioned below, no other visible jewelry is allowed.
  - **Rings:** Students may wear one ring as long as it does not pose a threat to patient skin integrity. A wedding set constitutes one ring.

• **Body Piercings:**
  - **Earrings:** One pair of inconspicuous pierced earrings is acceptable. For your own safety, hoops or dangling-off-the-earlobe earrings are not allowed.
  - **No other body piercings can be visible, including facial or tongue piercings.**

• **Tattoos:** Tattoos on any exposed body part must be covered in a neat and professional manner. Students must wear the most appropriate undershirt to cover the exposed tattoo, or they may wear an arm sleeve in plain white or black. Your course faculty will convey other specific Clinical Skills Lab and facility policy and procedures regarding the exposure of tattoos.

• **Hair must be clean, off the collar, neat, and contained away from the face. Hair should not be falling in your face or into your field when working with a patient. Long hair must be secured up and off the collar. Hair must be a “natural” hair color (i.e., not bright red, green, blue, pink, orange, or purple); unnatural hair color extensions are not allowed.**

• **Facial hair should be kept clean, trimmed, and neat.**

• **Hand to mouth activity in a patient area (including nurses’ station) is a breach of the Occupational Safety and Health Administration (OSHA) regulations. Examples include chewing gum, sucking on lozenges, eating food, drinking fluids, and applying lipstick or lip balm.**
It is the student’s responsibility to purchase and maintain the appropriate tools in order to perform their nursing duties while in the clinical setting.

The required items are as follows:
- watch with one-second increments
- black ballpoint pen
- bandage scissors
- hemostat forceps (in lab kit)
- penlight (in lab kit)
- stethoscope
- caliper (in 2nd semester lab kit)