

Clinical Skills Laboratory Practice Standards

The Clinical Skills Laboratory (CSL) is provided to the students of all nursing programs under the supervision of faculty, adjunct faculty, or CSL Coordinator. The labs are designed to provide opportunities for the student to learn and practice basic skills in preparation for the administration of quality care to the consumer. The student will also have access to updated learning resources such as audiovisual equipment, scientific charts and models, and disposable and non-disposable supplies utilized in patient care.

It is the intent of Shasta College to provide a student-centered learning environment that will promote critical thinking and assist the student to be successful in their acquisition of psychomotor skills obtained during scheduled and unscheduled clinical class time. The following guidelines are important and consistent with the student transitioning to a professional nursing role.

Lab Locations

- Lab 0 – 8214
- Lab 1 – 8217
- Sim Lab - 8221
- Lab 2 – 8223
- CSL Coordinator's office – 8219

Emotional and Physical Requirements

- The student will be expected to manage their emotional stability in various situations allowing them to perform in stressful environments produced by academic studies, CSL simulations, and real patient assignments.
- Shasta College requires students to have the emotional and physical ability to perform specific clinical applications while in the CSL. Those requirements are as follows:
 - **Mobility:** Physical ability, flexibility, strength, and stamina
 - **Motor Skills:** Physical ability, coordination, and dexterity
 - **Comprehension:** Comprehend and process information; calculations
 - **Tactile:** Use of touch
 - **Hearing:** Use of auditory sense
 - **Vision:** Use of sight
 - **Critical Thinking:** Ability to problem solve
 - **Communication:** Speak, read, write, and use English language effectively. Communicate effectively in interactions with others verbally, nonverbally and in written form
 - **Behavioral:** Emotional and mental stability

Appropriate Behavior

- Courteous behavior is always expected from the student. This includes maintaining a sound level conducive to verbal communication and learning; and exhibiting respectful behavior towards peers, faculty, staff, and CSL coordinator.
- Impairment brought on by chemical dependency will not be tolerated in the CSL. It is expected of all students and faculty to report anyone who is suspected of being under the influence of drugs or alcohol based on inappropriate conduct, physical symptoms or other indicators. Please refer to the following policies for additional information on this policy.

Safety

- The personal safety of the student in the skills lab is essential. It is the student's responsibility to familiarize themselves with the operation and function of the beds and over-bed tables.
- Do not lean on the bedrails or on the over-bed tables.
- Do not sit on the backs of chairs, bedrails, or over-bed tables. Injury can occur at any time if the student is not aware of the equipment's capabilities.
- Report broken or unsafe equipment immediately to the CSL coordinator or course faculty.
- Take precautions to prevent injuries caused by sharp instruments or devices while practicing skills in the lab.
- In the event of hazardous spills or bodily fluid contamination, spill kits are available in the janitor's closet in suite 8211. All hazmat situations should be handled by trained employees and reported to the appropriate parties: Facility Emergency Coordinator (242-7920), Hazardous Materials Supervisor (242- 2220), and Campus Safety (242-7910).

Accident Reporting

- Injuries that occur in the CSL should immediately be reported to the student's instructor or the CSL coordinator so it can be properly assessed and the appropriate paperwork can be completed in a timely manner.
- Confidential injury report forms can be accessed on the Shasta College website along with the accident report instructions.

Body Fluids CSL Standards

- No procedure will be carried out in the CSL or the classroom which involves body fluid or purposefully broken skin for any procedure. Lab procedures that require the use of body fluids (urine, blood, etc.) will be conducted with simulated fluids while practicing in the CSL.

Preparatory Assignments

- All clinical application pre-assignments must be completed prior to the scheduled clinical lab time. Preparation is necessary for the student to be successful in the acquisition of psychomotor skills.
- Students must bring the appropriate Mastery Performance Criteria (MPCs) to the appropriate skills session identified with their full name noted on each page. This will keep the student from misplacing their paperwork.

Electronic Devices

- Computers provided in the CSL are for educational purposes only. Personal laptops are allowed in the lab to take notes and education related research. It is asked of the students to refrain from accessing social media sites while in any classroom or educational situation.
- All cell phones and/or pagers must be on silent mode in all classrooms, clinical skills labs, and hospital settings. Pagers and cell phones may be checked and answered on scheduled breaks outside the classroom/lab.

Food & Drinks

- The CSL is considered real life simulation of a medical facility therefore food is not to be consumed during scheduled class hours. Drinks are allowed in the lab as long as they are sealed preferably in a spill proof container.
- Shasta College provides designated student break rooms with access to vending machines filled with snacks and drinks. It is recommended for students to use these areas to eat during breaks; not in the CSL.

Storage of Personal Items

- Storage racks are provided in the CSL for backpacks and personal items during scheduled lab time. For safety purposes, please use the racks provided, not the floor, to store your items. Although we provide an area for storage, we are not responsible for loss or stolen items; please do not consider this area theft proof.
- It is recommended for students to write their first and last name in their books so they can be returned to their rightful owners if left in the lab.

CSL Dress Code

- Activities in the CSL include climbing in and out of bed, exposing limbs, and working in close proximity with other students. Clothing should be worn which allows comfort during physical activity and demonstrates consideration for the modesty of all students.
- The CSL is a fragrance free area therefore perfume, cologne, strong smelling deodorant and some hand lotions are not allowed to be worn in the lab.

- It is good practice to keep fingernails clean, short, and smoothly rounded as you would in a clinical area. Nail polish and/or artificial nails are discouraged in the CSL as they are not allowed in clinical settings.

Hand-washing

- Students are required to wash their hands upon entering the lab, when transitioning to new activities and at other designated or appropriate intervals throughout the lab session.
- Alcohol instant hand-sanitizers are available to students in all areas of the lab. Students may use the sanitizer after touching objects and/or engaging in student contact unless directed otherwise by the individual faculty instructor.

House Keeping

- Prior to leaving the CSL area, the student is required to clean their work space, put designated equipment away, lower the bed to low position, place the over-bed table over the end of the bed, and place a chair at the end of the bed.
- Lab surfaces are to be cleaned using disinfectant wipes at the end of each scheduled lab session. Adequate supplies for cleaning the lab will be located in the cabinets under the sinks in all labs.
- All non-disposable equipment used during the lab session will be cleaned by the student using disinfectant wipes. The student will place all cleaned equipment on rolling shelf cart and left in Lab 1 or Sim Lab for CSL coordinator to place in proper storage area.

Open Lab Time

- Due to varying locations and times the labs are available throughout the semester; available open lab time is posted on the board outside of the CSL Coordinator's office (8219). Students who are entering the lab for open lab time may see CSL Coordinator for access.
- Scheduled time for skills practice or meetings need to be approved by the CSL coordinator to ensure adequate time and space for everyone. Some semesters may have more time available than others and scheduling time in the lab may not be necessary; please see CSL coordinator for details.

Visitors

- It is not appropriate to bring visitors of any age to the CSL at any time. The lab contains equipment that is part of the student's educational endeavor. Having extra people around may be distracting to other students sharing the lab. Safety is critical and visitors, especially children, are subjected to an unfamiliar environment with unfamiliar equipment elevating the potential for injury.

Student Grievance Policy

- Shasta College students are entitled to a grievance procedure if they feel they have been treated unfairly or arbitrarily. A student grievance is an assertion or claim by a student or applicant for enrollment that a particular rule, or set of rules, established by a local, state, or federal law or regulation, or contractual agreement has been violated by the institution and/or its representative(s). The procedure is available for use by any student or applicant for enrollment who believes that they have been subjected to unlawful discrimination on the basis of race, religious creed, color, national origin, handicap, age, or sex.
- Additional information regarding the Shasta College student grievance policy can be accessed on the Shasta College website.

Equipment Needs

- All CSL equipment and supply questions should be directed to the CSL coordinator. Do not request course faculty to replace disposable equipment that has been misplaced.

Student Services

- Students who are facing difficulties completing specific skills in the lab will need to schedule time with their instructors for skills remediation. The CSL coordinator does not have the means to provide remediation education to students.

The student who fails to abide by the CSL guidelines may be directed to leave the CSL which may be considered an absence. A CSL absence may cause the student to lose CSL points and jeopardize their standing as a student. (See your Course Information for specific grading policies that apply to your course).