**General safety tips**

- Be aware of your surroundings at times when you may be less alert and more vulnerable to an attack (e.g., during periods of stress) when you are upset or sick.
- Use discretion and caution when taking shortcuts through isolated parts of the campus.
- If you must be in an isolated area (e.g., working or studying alone in labs or offices) lock the doors and tell a friend or Campus Safety where you are and when you plan to leave.
- After dark park in well-lit areas.
- While walking to and from classes at night, walk with someone you know and trust.
- Know the locations of campus emergency blue phones.
- Keep personal belongings in view or secure at all times when on campus.
- Whenever you are on campus or off, and see or hear someone who might be in trouble, your options include running, yelling, confronting, and calling the Police Department (9-1-1).
- Learn self-defense techniques. Classes are offered at Shasta College. Contact Campus Safety for upcoming class dates.
- Use the Safe Walk Escort (530)242-7910.
- Did you know that robbers will target people using cell phones? Why? Because you are distracted and do not notice the perpetrator.
- Let your family and trusted friends know your class schedule.

**Residence halls**

- Think of your residence hall as your home. Remember that by taking a share of the responsibility to keep your residence safe, you can make a difference. Contact residential life staff regarding your security/ safety concerns.
- Keep doors locked — even if you are going to be gone only a few minutes.
- Door-to-door solicitation is prohibited on campus. Please report the presence of solicitors to Campus Safety.
- Notify the Redding Police Department, Campus Safety or residence hall staff of suspicious individuals who appear to be "hanging around."
- Take security regulations seriously for your own protection.
- If you leave for an extended vacation, take high-value personal property with you.