

In the interest of your own personal safety and the safety of your patients there are significant requirements that must be met before your admission to the program is finalized. The attendance requirements and stamina demands on the dental hygiene student require student hygienists to be in good physical and mental health. Please read this form carefully and initial each technical issue standard if you can comply with the standard. When complete, please sign date and return original in your Pre-Enrollment Clinical Requirement Packet. **Note: This is a self-assessment. A formal fitness exam with a healthcare provider is not required.**
Please see the Dean or Program Director if you require an accommodation or cannot comply with the standard.

Issue	Description	Standard/Physical Requirement	Initials
Mobility	Physical ability, strength and stamina	Standard work day requires various abilities including standing, walking, sitting, bending, flexing, lifting, twisting, stooping, kneeling, reaching and stretching to gather and stock supplies, operate equipment (office and dental), and perform required functions of patient oral care. Often must lift, carry or move objects weighing up to 40 pounds. Occasionally must assist patient position or transport requiring lifting in excess of 40 pounds.	
Motor Skills	Physical ability, coordination, dexterity	Gross and fine motor abilities sufficient to perform required functions of patient oral care; hand-wrist movement, hand-eye coordination, and simple firm grasping required for fine motor-skill and manipulation; fine and gross finger dexterity required;	
Comprehension	Comprehend and process information; calculations	Engage in written and oral directives related to patient care, focusing and remembering information given by faculty to assimilate and apply to patient care; comprehend and process instructions readily; perform mathematical functions regarding anesthesia administration.	
Tactile	Use of touch	Normal tactile feeling required. Sensitivity to heat, cold, pain, pressure, etc.	
Hearing	Use of auditory sense	Ability to hear and interpret many people and correctly interpret what is heard; i.e., dentist orders whether verbal or over telephone, patient complaints, physical assessment, fire and equipment alarms, etc.	
Visual	Use of sight	Acute visual skills necessary to detect signs and symptoms, body language of patients, color of wounds and drainage, and possible infections anywhere. Interpret written word accurately, read characters and identify colors on the computer screen.	
Critical Thinking	Ability to problem solve	Integrate information through critical thinking based on information gathered on patients during clinical sessions, and during class sessions that are applied to the clinical process.	
Communication	Speak, read, write, & use English language effectively. Communicate effectively in interactions with others verbally, nonverbally & in written form	Effectively interacts with the environment and other persons. Fluent in English. Absence of speech impediments, ability to communicate with wide variety of people and styles, ability to be easily understood. Reading, writing, recording, and documenting critical patient information required.	
Behavioral	Emotional & mental stability	Functions effectively under stress; flexible, concern for others; able to provide safe dental care environment with multiple interruptions and noises, distractions, and unexpected patient needs.	

Print Name _____

Student Signature _____

Date _____