Through thick and thin …

Your EAP is here to support your needs, 24/7.

Whether you need answers, advice or a shoulder to lean on, EAP is here for you and your loved ones.

To learn more about how we can help, call 800-999-7222 or visit anthemEAP.com and enter SISC.

If you’ve been affected by the Carr fire and could use some guidance or support, talk to us. We can set you up with:

- Telephonic support and counseling services.
- Updates and important resource information on the website.
- Relocation and housing options.
- A library of grief, loss and coping articles.
- Self-help tools.

Remember, your EAP also has a wide range of other resources for:

- Planning a move.
- Handling legal and financial matters.
- Finding child, elder and pet care.

The last thing you need to worry about at a time like this is your privacy. EAP services are confidential, so no one will know if you contact us unless you give written permission.*

* This provision is in accordance with federal and state law, and professional/ethical standards. This document is for general informational purposes. Check with your employer for specific information on the services available to you.

Language Access Services - (TTY/TDD: 711)
Spanish - Tiene el derecho de obtener esta información y ayuda en su idioma en forma gratuita. Llame al número de Servicios para Miembros que figura en su tarjeta de identificación para obtener ayuda.

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